

Block view of the study programme

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Block 1

Compulsory courses

YCER0193-1 *The systemic and strategic model of Palo Alto (1st year) - N...* TA 188 - - **34**

- Module 1.1: Epistemology of the model (32h + 60h personal work)
- Module 1.2: Systemic and strategic therapy in the scientific world (8h + 4h personal work)
- Module 1.3: Interview techniques in the systemic and strategic approach (40 h + 20 h of personal work)
- Module 1.4: Applying systemic and strategic therapy to manage stress and anxiety (32 h + 20 h of personal work)
- Module 1.5: Applying systemic and strategic therapy to manage moods (32h + 20h of personal work)
- Module 1.6: Applying brief therapy to manage psychiatric problems (32 hours + 20 hours of personal work)
- Module 1.7: Session observation (12h + 8h of personal work)

Block 2

Compulsory courses

YCER0194-1 *Intensive training in the systemic and strategic model (2nd year) - N...* TA 232 - - **38**

- Module 2.1: Training in the systemic and strategic model (224h + 140h of personal work)
- Module 2.2: Participation in a research project (8h in class + 60h personal work)

Block 3

Compulsory courses

YCER0195-1 *Intensive training in the systemic and strategic model (3rd year) - N...* TA 232 - - **38**

- Module 3.1: Training in the systemic and strategic model (224h + 140h of personal work)
- Module 3.2: Participation in scientific research (8 hours in class + 60 hours personal work)