

#### Block view of the study programme

Or Th Pr Au Cr

##### Block 1

###### Focus courses

|            |   |    |    |   |   |          |
|------------|---|----|----|---|---|----------|
| AESS0246-1 | <i>Analysis of scholastic institutions and educational policies</i> - Annelise VOISIN | Q2 | 15 | - | - | <b>1</b> |
| AESS0004-1 | <i>Media education</i> - Jeremy HAMERS  | Q1 | 15 | - | - | <b>1</b> |
| AESS0143-1 | <i>Educational Psychology of adolescents and young adults</i> - Annick FAGNANT        | Q1 | 15 | - | - | <b>2</b> |

###### Cours obligatoires du tronc commun

|                      |  |    |    |     |     |           |
|----------------------|--|----|----|-----|-----|-----------|
| EDPH0631-2           | <i>Introduction to an analysis of intervention in physical and sports activities</i> - Alexandre MOUTON - [20h Ex.]  | Q1 | 20 | -   | [+] | <b>4</b>  |
| <b>Corequisite :</b> |  |    |    |     |     |           |
|                      | EDPH0656-2 - Projet d'analyse de l'intervention en éducation physique et recherche action  |    |    |     |     |           |
| <b>METO1018-1</b>    |  |    |    |     |     |           |
| METO1018-1           | <i>Evidence Based Practice - Research and critical analysis of literature</i>  | Q1 |    |     |     | <b>2</b>  |
|                      | - <i>Presentation of research themes</i> - COLLÉGIALITÉ - [15h SEM]  | -  | -  |     | [+] |           |
|                      | - <i>Evidence Based Practice</i> - Olivier BRUYÈRE, Fanny BUCKINX  | 5  | -  |     | -   |           |
| <b>Corequisite :</b> |  |    |    |     |     |           |
|                      | EDPH0653-1 - Questions approfondies en éducation physique et sportive  |    |    |     |     |           |
| PHYL0540-1           | <i>Physiology of physical effort</i> - Stéphanie HODY  | Q1 | 15 | 2   | -   | <b>4</b>  |
| EDPH0653-1           | <i>Depth issues in physical education and sports</i> - COLLÉGIALITÉ - [45h Pers. Res.]   | Q2 | -  | -   | [+] | <b>1</b>  |
| <b>Corequisite :</b> |  |    |    |     |     |           |
|                      | METO1018-1 - Evidence Based Practice - Recherche et analyse critique de la littérature   |    |    |     |     |           |
| PHYL1006-1           | <i>Special biochemistry of physical effort</i> - Stéphanie HODY  | Q2 | 20 | -   | -   | <b>4</b>  |
| EDPH0650-3           | <i>Organization of leisure physical and sport activities (Part II)</i> - Alexandre MOUTON  | Q2 | 10 | -   | -   | <b>4</b>  |
| EDPH0705-1           | <i>Physical education and sports practice IV</i> - Boris JIDOVTEFF, Alexandre MOUTON, Catherine THEUNISSEN - [20h QA Sess.]  | TA | -  | 210 | [+] | <b>10</b> |
| EDPH0656-2           | <i>Physical education teaching analysis and action research</i> - Alexandre MOUTON - [30h Pers. Res.]  | TA | 5  | -   | [+] | <b>4</b>  |
| <b>Corequisite :</b> |  |    |    |     |     |           |
|                      | EDPH0631-2 - Introduction à l'analyse de l'intervention dans les activités physiques et sportives  |    |    |     |     |           |
| EDPH0646-1           | <i>Field applications of the intervention in physical and sport activities (Part II) (Service Learning)</i> - Boris JIDOVTEFF, Alexandre MOUTON, Catherine THEUNISSEN - [50h Internship] | TA | -  | -   | [+] | <b>3</b>  |

###### Compulsory courses specific to the study paths

###### Optional courses

Choose 2 of the following modules: "Health" module, "Physical preparation" module, "Intervention" module

###### "Health" module

|            |  |    |    |   |     |          |
|------------|--|----|----|---|-----|----------|
| PEDA0641-6 | <i>Promotion of physical and leisure sports activities</i> - Alexandre MOUTON - [20h Ex.]  | Q1 | 15 | - | [+] | <b>4</b> |
| EDPH1651-1 | <i>Practical applications of intervention in physical and sporting activities</i> - Health module - Didier MAQUET - [50h Internship]                         | TA | -  | - | [+] | <b>3</b> |
| COMM0005-1 | <i>Communication and education</i> - Jean Luc BELCHE, Christophe DEMOULIN, Jennifer FOUCART, Gilles LOMBARD, Alexandre MOUTON, Benoît PÉTRÉ, Sébastien WOLFS | Q1 | 15 | 5 | -   | <b>3</b> |

###### "Physical preparation" module

|            |  |    |    |    |   |          |
|------------|--|----|----|----|---|----------|
| EDPH0660-5 | <i>Designing training (part I: individual sports)</i> - Raphaël DENOOZ, Boris JIDOVTEFF, JeanFrançois KAUZ | Q1 | 10 | 30 | - | <b>3</b> |
|------------|--|----|----|----|---|----------|

# Study programmes 2024-2025

## Faculty of Medicine

### Master in motor sciences : physical education, teaching focus

**Corequisite :**

EDPH2003-1 - Conceptualisation de l'entraînement (partim II : sports collectifs et d'opposition)  
 EDPH0631-2 - Introduction à l'analyse de l'intervention dans les activités physiques et sportives

|            |   |    |    |    |   |          |
|------------|---|----|----|----|---|----------|
| EDPH2003-1 | <i>Disigning training (part II: team sports and martial arts and combat sports)</i> - Boris JIDOVTEFF | Q2 | 10 | 30 | - | <b>4</b> |
|------------|---|----|----|----|---|----------|

**Corequisite :**

EDPH0650-3 - Organisation des activités physiques et sportives de loisir (Partim II)  
 EDPH0631-2 - Introduction à l'analyse de l'intervention dans les activités physiques et sportives

|            |   |    |   |   |     |          |
|------------|---|----|---|---|-----|----------|
| EDPH1652-1 | <i>Practical application of intervention in physical and sporting activities - Physical preparation coach module</i> - Boris JIDOVTEFF - [50h Internship] | TA | - | - | [+] | <b>3</b> |
|------------|---|----|---|---|-----|----------|

#### "Intervention" module

|            |   |    |    |   |   |          |
|------------|---|----|----|---|---|----------|
| EDPH1649-1 | <i>Analysis of intervention programmes and contents in physical and sporting activities</i>             | Q2 | 20 | - | - | <b>3</b> |
| EDPH1650-1 | <i>Analysis of physical education teaching models</i>   | Q2 | 20 | - | - | <b>3</b> |
| EDPH1653-1 | <i>Practical applications of intervention in physical and sporting activities - Intervention module</i> | TA | -  | - | - | <b>4</b> |

## Block 2

### Focus courses

|            |  |    |    |    |     |          |
|------------|--|----|----|----|-----|----------|
| AESS0202-1 | <i>General didactics: course and exercises ; observation placements ; reflexive practices</i> - Annick FAGNANT - [10h Internship]  | TA | 30 | 10 | [+] | <b>4</b> |
| AESS0140-1 | <i>Professional ethics and training to neutrality and citizenship</i> - Anne HERLA   | Q2 | 25 | -  | -   | <b>2</b> |
| AESS0248-1 | <i>Elements of sociology of education</i> - JeanFrançois GUILLAUME   | Q2 | 10 | -  | -   | <b>1</b> |
| AESS0249-1 | <i>Interdisciplinary seminar</i> - Annick FAGNANT  | Q2 | 15 | -  | -   | <b>1</b> |
| AESS0339-1 | <i>Understand and manage the diversity of public schools</i> - Ariane BAYE   | TA | 10 | 15 | -   | <b>3</b> |
| AESS0220-2 | <i>Didactics in physical education (Part I)</i><br>- Course and exercises - Alexandre MOUTON<br>- Observation practice - Alexandre MOUTON - [10h Internship]<br>- Teaching practice - Alexandre MOUTON, Catherine THEUNISSEN - [20h Internship]<br>- Reflexive practice - Alexandre MOUTON | TA | 40 | -  | -   | <b>6</b> |
|            |  |    | -  | -  | [+] |          |
|            |  |    | -  | -  | [+] |          |
|            |  |    | -  | 5  | -   |          |
|            |  |    |    |    |     |          |
|            | <b>Prerequisite :</b><br>EDPH0705-1 - Pratique de l'éducation physique et des sports IV  |    |    |    |     |          |
|            | <b>Corequisite :</b><br>AESS0238-1 - Didactique spéciale en éducation physique (partim II)   |    |    |    |     |          |
| AESS0238-1 | <i>Didactics in physical education (Part II)</i><br>- Courses and exercises - Alexandre MOUTON<br>- Teaching practice - Alexandre MOUTON, Catherine THEUNISSEN - [20h Internship]<br>- Reflexive practice - Alexandre MOUTON<br>- Extra-scholar teaching activities - Alexandre MOUTON     | TA | 35 | -  | -   | <b>9</b> |
|            |  |    | -  | -  | [+] |          |
|            |  |    | -  | 5  | -   |          |
|            |  |    | -  | 10 | -   |          |
|            |  |    |    |    |     |          |
|            | <b>Corequisite :</b><br>AESS0220-2 - Didactique spéciale en éducation physique (partim I)  |    |    |    |     |          |

### Cours obligatoires du tronc commun

|            |   |    |   |   |     |          |
|------------|---|----|---|---|-----|----------|
| EDPH0694-1 | <i>Multidisciplinary integration activities</i> - François DELVAUX, Christophe DEMOULIN, Stéphanie HODY, Boris JIDOVTEFF, Alexandre MOUTON, Catherine THEUNISSEN - [15h Pers. Res.] | Q2 | - | - | [+] | <b>2</b> |
| EDPH0655-1 | <i>Seminars for personal and professional development</i> - François DELVAUX, Christophe DEMOULIN, Catherine THEUNISSEN - [40h SEM]   | TA | - | - | [+] | <b>2</b> |

### Compulsory courses specific to the study paths

|            |   |   |   |   |   |           |
|------------|---|---|---|---|---|-----------|
| MMEM0640-1 | <i>Final thesis in physical education and sports</i> - COLLÉGIALITÉ | - | - | - | - | <b>20</b> |
|------------|---|---|---|---|---|-----------|

# Study programmes 2024-2025

## Faculty of Medicine

### Master in motor sciences : physical education, teaching focus

**Prerequisite :**

EDPH0653-1 - Questions approfondies en éducation physique et sportive

METO1018-1 - Evidence Based Practice - Recherche et analyse critique de la littérature

#### Optional courses

Choose 2 of the following modules: "Health" module, "Physical preparation" module, "Intervention" module

#### "Health" module

|            |   |    |    |
|------------|---|----|----|
| KINE0540-2 | <i>Adapted physical and sport activities</i>                                    | Q1 | 2  |
|            | - <i>Physical and sport activities - Theory</i> - Didier MAQUET,                | 15 | -  |
|            | Marc VANDERTHOMMEN  |    | -  |
|            | - <i>Physical and sport activities - Practice in motor sciences</i> -           |    | 10 |
|            | Didier MAQUET   |    | -  |
| EDPH9102-1 | <i>Engineering of physical activity and health</i>                              | TA | 3  |
|            | - <i>Physical activity advice: back pain, mental health</i> - Alexandre MOUTON, | 7  | -  |
|            | Marc VANDERTHOMMEN  |    | -  |
|            | - <i>Healthy ageing whatever life throws at us</i> - Olivier BRUYÈRE,           | 5  | 3  |
|            | Alexandre MOUTON  |    | -  |
|            | - <i>The benefits of physical activity for chronic medical conditions</i> -     | 8  | -  |
|            | Arnaud ANCION   |    | -  |

**Corequisite :**

EDPH9103-1 - Ingenierie de la préparation physique et de la performance sportive

#### "Physical preparation" module

|            |   |    |   |
|------------|---|----|---|
| EDPH9103-1 | <i>Engineering of physical preparation and athletic performance</i>   | TA | 5 |
|            | - <i>The work of a physical trainer and planning: "Failing to plan is planning to fail"</i> - Boris JIDOVTEFF, Carlos RODRIGUEZ | 4  | 4 |
|            | - <i>Managing modern athletes nowadays</i> - JeanLouis CROISIER,  | 7  | - |
|            | François DELVAUX  |    | - |
|            | - <i>New issues in the field of recovery and how to develop better aerobic ability</i>  | 6  | - |
|            | - <i>Building the athletes of the future - neuromuscular training</i> -   | 8  | - |
|            | Boris JIDOVTEFF, Cédric LEHANCE   |    | - |
|            | - <i>Injuries that can spoil life</i> - Bénédicte FORTHOMME, JeanFrançois KAUZ  | 8  | - |

**Corequisite :**

EDPH9102-1 - Ingenierie de l'activité physique et de la santé

#### "Intervention" module

|            |   |    |    |    |     |   |
|------------|---|----|----|----|-----|---|
| EDPH1654-1 | <i>Training trainers</i> - [20h Internship] | Q2 | 10 | 20 | [+] | 5 |
|------------|---|----|----|----|-----|---|

#### Bloc d'aménagement du programme de l'année

## Additional ECTS Master in motor sciences : physical education (120 ECTS)

#### Compulsory courses

|            |  |    |    |
|------------|--|----|----|
| NERF0537-2 | <i>Multidisciplinary approach to the nervous system (anatomy - pathology) - Theory</i>   | Q1 | 3  |
|            | - <i>Introduction to neuroanatomy</i> - Félix SCHOLTES   | 10 | -  |
|            | - <i>Neuroanatomy and neurophysiology: practical application to the motor sciences</i> - Gaëtan GARRAUX, Boris JIDOVTEFF, Alexandre MOUTON, Félix SCHOLTES | -  | 10 |
|            | - <i>Introduction to neurophysiology</i> - Gaëtan GARRAUX  | 12 | -  |
|            | - <i>Biochemistry</i> - Bernard ROGISTER   | 2  | -  |
|            | - <i>Histology</i> - Chantal HUMBLET - [2h QA Sess.]   | -  | -  |
|            | - <i>General pathology</i> - Yves HENROTIN   | 2  | -  |
|            | - <i>Contraindications</i> - JeanFrançois KAUZ   | 2  | -  |
| EDPH0634-1 | <i>Organization of leisure physical and sport activities (Part I)</i>  | Q1 | 2  |

# Study programmes 2024-2025

## Faculty of Medicine

### Master in motor sciences : physical education, teaching focus

| MOUTON     |   |  |    |     |     |               |
|------------|---|--|----|-----|-----|---------------|
| EDPH2004-1 | <i>Basis of training and performance</i><br>- <i>Introduction</i> - Boris JIDOVTSIEFF<br>- <i>Advanced knowledge of Motor sciences</i> - Boris JIDOVTSIEFF,<br>Marc VANDERTHOMMEN - [10h APP]   |  | Q1 | 10  | -   | -             |
|            |   |  |    | 10  | -   | [+]           |
| PHYS0511-3 | <i>Physics applied to Motor Sciences</i> - Laurent DREESEN - [30h Mon. WS]  |  | Q1 | -   | -   | [+] <b>1</b>  |
| CHIM1310-2 | <i>Chemistry preparing to motricity sciences</i> - AnneSophie DUWEZ - [30h Mon. WS]   |  | Q1 | -   | -   | [+] <b>1</b>  |
| STAT1001-1 | <i>Biostatistics I</i> - AnneFrançoise DONNEAU - [15h QA Sess.]   |  | Q1 | 15  | -   | [+] <b>3</b>  |
| HNOR0620-4 | <i>Multidisciplinary approach to a normal human being (Part I)</i><br>- <i>Human biochemistry</i> - Bernard ROGISTER<br>- <i>Human physiology</i><br>- <i>Introduction to human histology</i> - Chantal HUMBLET - [4h QA Sess.]<br>- <i>Varia contra-indications</i> - Pierre BLAISE, Philippe LEFÈBVRE,<br>Nicolas PAQUOT<br>- <i>Introduction to nutrition</i> - Nicolas PAQUOT                                       |  | Q2 | 20  | -   | -             |
|            |   |  |    | 20  | 5   | -             |
|            |   |  |    | 8   | -   | [+]           |
|            |   |  |    | 5   | -   | -             |
|            |   |  |    | 10  | -   | -             |
| LOCO0525-8 | <i>Multidisciplinary approach to the musculoskeletal system (part II) - Theory</i><br>- <i>Histology</i> - Chantal HUMBLET - [3h QA Sess.]<br>- <i>Biochemistry</i> - Bernard ROGISTER<br>- <i>Physiology</i><br>- <i>Traumatology</i> - JeanFrançois KAUZ<br>- <i>General pathology</i> - Yves HENROTIN<br>- <i>Physiotherapy introduction</i> - JeanLouis CROISIER<br>- <i>Contra-indications</i> - JeanFrançois KAUZ |  | Q2 | 4   | -   | [+]           |
|            |   |  |    | 4   | -   | -             |
|            |   |  |    | 4   | -   | -             |
|            |   |  |    | 16  | -   | -             |
|            |   |  |    | 6   | -   | -             |
|            |   |  |    | 5   | -   | -             |
|            |   |  |    | 3   | -   | -             |
| RESP0520-5 | <i>Multidisciplinary approach to respiratory tract pathologies</i><br>- <i>Anatomy</i> - Marc RADERMECKER<br>- <i>Physiology</i><br>- <i>Histology</i> - Chantal HUMBLET - [2h QA Sess.]<br>- <i>Contraindications</i>  |  | Q2 | 2   | -   | -             |
|            |   |  |    | 8   | -   | -             |
|            |   |  |    | 4   | -   | [+]           |
|            |   |  |    | 4   | -   | -             |
| CAVS0630-1 | <i>Multidisciplinary approach to the cardiovascular system</i><br>- <i>Anatomy</i> - Régis RADERMECKER<br>- <i>Histology</i> - Chantal HUMBLET - [2h QA Sess.]<br>- <i>Physiology</i><br>- <i>Special pathology</i> - Patrizio LANCELLOTTI<br>- <i>Contraindications</i> - Patrizio LANCELLOTTI<br>- <i>First aid and emergency care</i> - Alexandre GHUYSEN  |  | Q2 | 2   | -   | -             |
|            |   |  |    | 3   | -   | [+]           |
|            |   |  |    | 8   | -   | -             |
|            |   |  |    | 8   | -   | -             |
|            |   |  |    | 2   | -   | -             |
|            |   |  |    | 4   | -   | -             |
| RACH0631-3 | <i>Multidisciplinary approach to pathology of the spine - Theory</i><br>- <i>Anatomy</i> - Thierry THIRION<br>- <i>Biomechanics</i> - Didier MAQUET<br>- <i>Special pathology introduction</i> - Marco TOMASELLA<br>- <i>Sport and spine</i> - Marco TOMASELLA<br>- <i>Education et activités rachidiennes appliquées aux sciences de la motricité</i> - Christophe DEMOULIN, Stéphanie GROSSENT,<br>Marc VANDERTHOMMEN |  | Q2 | 2   | -   | -             |
|            |   |  |    | 1,5 | -   | -             |
|            |   |  |    | 3   | -   | -             |
|            |   |  |    | 3   | -   | -             |
|            |   |  |    | 3   | -   | -             |
|            |   |  |    | 6   | 6   | -             |
| LOCO0631-6 | <i>Epistemology and psychomotility and body education didactics</i><br>- <i>Physiology</i><br>- <i>Training</i> - Boris JIDOVTSIEFF   |  | Q2 | 5   | -   | -             |
|            |   |  |    | 15  | -   | -             |
| EDPH0007-1 | <i>Evaluation of the sport performance</i> - Boris JIDOVTSIEFF  |  | Q2 | 10  | 40  | -             |
| EDPH0003-1 | <i>Basis of sports training - Practice</i> - Boris JIDOVTSIEFF  |  | TA | -   | 50  | -             |
| EDPH9101-1 | <i>Physical education and sports in practice M0</i> - Boris JIDOVTSIEFF,<br>Alexandre MOUTON, Catherine THEUNISSEN - [30h AUTR]   |  | TA | -   | 210 | [+] <b>10</b> |
| LOCO0531-7 | <i>Multidisciplinary approach to the musculoskeletal system (pathology - physiotherapy) (Part III) - Theory</i>   |  | TA |     |     | <b>3</b>      |

## Study programmes 2024-2025

## Faculty of Medicine

## Master in motor sciences : physical education, teaching focus

|            |  |    |   |       |
|------------|--|----|---|-------|
|            | - <i>Microtraumatic traumatology</i> - JeanFrançois KAUZ   | 5  | - | -     |
|            | - <i>Traumatology in motricity sciences</i> - JeanFrançois KAUZ,<br>Thierry THIRION  | 3  | - | -     |
|            | - <i>Foundations of re-education</i> - JeanLouis CROISIER  | 4  | 5 | -     |
|            | - <i>Paediatric traumatology</i> - JeanFrançois KAUZ   | 6  | - | -     |
| MSTG9093-1 | <i>Practical applications of working physical and sporting activities M0</i> -<br>Alexandre MOUTON, Maurine REMACLE - [50h Internship] | TA | - | [+] 2 |